



Winter Porridge with IsaPro & Figs

1 Serving

Ingredients:

- 40g Oats
- 200ml Milk of your choice
- 1 Scoop of IsaPro
- 2 Figs (one in the porridge and one for garnish)
- 1 tsp Cinnamon

Instructions: Quarter the figs. Measure the oats and put in a saucepan together with one scoop IsaPro. Add the milk and Cinnamon. Bring to boil and turn the heat down. Simmer for 2 minutes, stir occasionally. Add one of the quartered figs. Stir. Let simmer for another 2-3 minutes. Pour into bowl, top with the second fig and serve. **ENJOY!**